Please indicate how often you do the following. Insert the number associated with your answer in the appropriate column.

<table>
<thead>
<tr>
<th></th>
<th>NEVER</th>
<th>ALMOST NEVER</th>
<th>RARELY</th>
<th>SOMETIMES</th>
<th>OFTEN</th>
<th>ALMOST ALWAYS</th>
<th>ALWAYS</th>
</tr>
</thead>
</table>

**MINDSET DUALITY #2**

ADVENTURER MINDSET + PLANNER MINDSET

Please indicate how often you ...

<table>
<thead>
<tr>
<th>ADVENTURER</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Deviate from your plans because of unexpected opportunities or interactions</td>
<td></td>
</tr>
<tr>
<td>Take risks in your career (e.g. a stretch role, international opportunity)</td>
<td></td>
</tr>
<tr>
<td>Have faith in your ability to bounce back from failures, challenges &amp; setbacks</td>
<td></td>
</tr>
</tbody>
</table>

**Adventurer Mindset Total:**

<table>
<thead>
<tr>
<th>PLANNER</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Make conscious, well thought out, and deliberate choices in your career</td>
<td></td>
</tr>
<tr>
<td>Proactively plan and prioritize your goals and activities</td>
<td></td>
</tr>
<tr>
<td>Prioritize and plan for time for yourself</td>
<td></td>
</tr>
</tbody>
</table>

**Planner Mindset Total:**

**Difference Between Adventurer & Planner Totals:**